

# ARE YOU PLANNING ON COMING TO SEE US?



## PLEASE HELP PROTECT OUR PRECIOUS NEW BABY

Babies are vulnerable to infection, and what might be trivial for you could be very serious for us. Thank you, and we can't wait for you to meet our new addition!

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These are ways in which you can help, but if in doubt, please call first:

- Are you all up to date with your vaccinations?  
*(Remember that even in adults, whooping cough (pertussis) and influenza need regular boosters)*
- Is anyone at daycare, kindy, or school currently sick with something infectious? Even if you are well, you could be carrying it with you.
- Do you have a cough or cold, a rash or a temperature?
- Do you have a cold sore?  
*(Cold sores are caused by herpes, which can be very dangerous in babies!)*
- Have you washed your hands?

[www.nrvs.info](http://www.nrvs.info)